

# Disaster Mental Health

## Training Announcements

Spring 2010 Issue

### Special Points of Interest:

- *Leadership Issues During Disaster and Emergency Operations Workshop*
- *American Red Cross Foundations of Disaster Mental Health Training.*

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### LEADERSHIP ISSUES DURING DISASTER AND EMERGENCY OPERATIONS

Friday, June 18, Augusta, Me.  
8:45—4:15pm

#### WORKSHOP DESCRIPTION:

This workshop will identify and explore leadership skills and tasks that enhance the effective establishment of family support services following a mass casualty event. Common challenges that frequently interfere with leadership tasks and the establishment of support structures will be reviewed. Lessons learned from recent drills and recent national and local disasters will be drawn upon to highlight typical leadership concerns encountered during emergency operations.

The morning presentations and activities will focus on identifying specific leadership issues and challenges. The afternoon session will provide an opportunity for participants to develop a response to an emergency event. The afternoon will conclude with a panel of experienced disaster mental health clinicians and disaster preparedness

specialists who will present their real life encounters with leadership issues and who will be available to answer questions.

#### GOALS OF THE WORKSHOP:

- To increase knowledge of leadership skills and supervisory tasks that can enhance the delivery of Psychological First Aid during disaster operations.
- To increase knowledge of typical challenges that can occur and interfere with effective service delivery during disaster operations.
- To practice considering tasks and structures that can reduce chaos and stress during the immediate aftermath of an emergency event.

#### INTENDED AUDIENCE:

Registered disaster mental health and disaster behavioral health volunteers, mental health professionals who have



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School Incident Drill  
October 2009

completed basic disaster response training, disaster health services volunteers, other disaster volunteers and first responders who are interested in supporting the psychological needs of families following mass casualty events.

**COST:** No Charge

**CEUs:** Have been applied for



**FOR MORE INFORMATION  
AND TO REGISTER ONLINE:**

[www.neias.org/mecdc/leadershiptraining2010.html](http://www.neias.org/mecdc/leadershiptraining2010.html)

### American Red Cross Class: *Foundations of Disaster Mental Health*

The *Foundations of Disaster Mental Health* class, prepares independently licensed mental health professionals, certified school counselors and RN's (with 2 years of psychiatric experience) to provide psychological support services to those impacted by disasters and other emergency events. The course is a prerequisite for all American Red Cross disaster mental health volunteers that respond to local, state and national disasters.

The *Foundations of Disaster Mental Health* class is being offered by the Southern Maine Chapter of the American Red Cross on **Friday, May 21st in Portland**. Please contact Morgan Bickerstaff regarding prerequisites and registration information. [bickerstaffm@usa.redcross.org](mailto:bickerstaffm@usa.redcross.org).

The class is also being offered at the following locations:  
**Presque Isle-Friday, September 24th**  
contact Joyce Knorr:  
[knorrj@pinetree.redcross.org](mailto:knorrj@pinetree.redcross.org)

**Topsham-Friday, October 27th**,  
contact Paul Clark:  
[redcrossemergencysevices@suscom.maine.net](mailto:redcrossemergencysevices@suscom.maine.net)

**Machias and Belfast** contact Gretchen O'Grady: [ogradyg@pinetree.redcross.org](mailto:ogradyg@pinetree.redcross.org) to receive finalized information on dates and registration.

## Other Trainings in Maine

### Psychological First Aid

Sponsored by The Maine Center for Disease Control Prevention, Fort Kent, May 26, 2010  
[www.neias.org/mecdc/pfa2010.html](http://www.neias.org/mecdc/pfa2010.html)

### Building Maine's Capacity to Respond

Sponsored by The Maine Center for Disease Control Prevention, Fort Kent, May 27-28, 2010  
[www.neias.org/mecdc/disaster2010.html](http://www.neias.org/mecdc/disaster2010.html)

## Free Books and Manuals

[Caring for Kids After Trauma, Disaster and Death](http://rkserver.med.nyu.edu/files/articles/crisis-guide02.pdf)  
<http://rkserver.med.nyu.edu/files/articles/crisis-guide02.pdf>

[Treating Traumatic Stress in Adolescents: How to Foster Resilience through Attachment, Self Regulation and Competency.](http://www.traumacenter.org/products/arc_purchase.php)  
[www.traumacenter.org/products/arc\\_purchase.php](http://www.traumacenter.org/products/arc_purchase.php)

[Psychological First Aid: Field Operations Guide](http://www.ptsd.va.gov/professional/manuals/psych-first-aid.asp)  
[www.ptsd.va.gov/professional/manuals/psych-first-aid.asp](http://www.ptsd.va.gov/professional/manuals/psych-first-aid.asp)

## International Conferences

**BOSTON**  
**21st Annual International Trauma Conference**  
May 19-22  
[www.traumacenter.org/about/conference2010.php](http://www.traumacenter.org/about/conference2010.php)

**MONTREAL**  
**26TH Annual International Society for Traumatic Stress Studies Conference**  
November 3-6  
[www.istss.org/home.htm](http://www.istss.org/home.htm)

**BALTIMORE**  
**11TH World Congress on Stress Trauma and Coping: "Mapping the Future of Crisis and Disaster Response"**  
February 23-27, 2011  
[www.icisf.org](http://www.icisf.org)

## Which Red Cross Chapter?

To find out which chapter you reside in, refer to the map at:  
[www.maineredcross.org](http://www.maineredcross.org)

## Interested in Taking Other Red Cross Disaster Classes?

Southern Maine Chapter  
[bickerstaffm@usa.redcross.org](mailto:bickerstaffm@usa.redcross.org)

United Valley Office of the Southern Maine Chapter  
[lynese@usa.redcross.org](mailto:lynese@usa.redcross.org)

Mid Coast Chapter  
[redcrossemergencysevice@suscom.maine.net](mailto:redcrossemergencysevice@suscom.maine.net)

Pine Tree Chapter  
[Ogradyg@pinetree.redcross.org](mailto:Ogradyg@pinetree.redcross.org)

## On line CEUs

**"An Ethics Workshop for Trauma Specialists"**  
4 CEUs  
[www.istss.org/recordedsessions](http://www.istss.org/recordedsessions)  
Fee required

**Three Disaster Mental Health Offerings**  
total of 23 CEUs  
[www.disastermentalhealth.com](http://www.disastermentalhealth.com)  
Fee Required

**Many online CEU offerings at NCTSN**  
Wide variety of disaster, trauma and military family topics  
<http://learn.nctsn.org>  
No Fees

*NCTSN has one of the best websites for disaster, trauma and military family issues*



*"...the key components of early intervention include intervention, planning, education, training, service provision and evaluation of efforts to assist those affected by mass violence and disasters."  
NIMH Report 2002*



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